



**- Minimum Age Requirements for participation
in official SARRC events -**

Marathon (42.2km) and further:	18 years or older on race day
Half Marathon (21.1km) and further	15 years or older on race day
10km and further:	12 years or older on race day
5km:	5 years or older on race day

All entrants under the age of 12 must be accompanied by a registered parent/guardian for the entire duration of the race and the accompanying adult takes full responsibility for the safety of the entrant under 12. The parent/guardian must accompany the minor on foot and be at their side for the entire duration of the event.

In line with the NYRR Guidelines, health considerations and SARRC's Insurance Obligations, this Policy was approved by SARRC Board of Management – January 2023

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